

- Four couples form four sides of a square, woman standing to the right of her partner. All join hands and circle eight slip steps to left and back again.
- Women, keeping hold of partners, give right hand to woman opposite to form Cartwheel/teapot. Four skip change steps round, reverse so that men give left hands and hold partners. Four skip change steps back to original position.
- Set twice to partner and turn them with both hands using four skip change steps. Grand chain round offering alternate right and left hands. Two skip change steps per hand.
- When back in original places, make a circle with the first woman in the middle. Circle left for eight slip steps and back again (woman in the middle does her own thing). First woman sets to own partner, turns him, sets to man opposite and turns him, then they do reel of three ('figure of eight') across the dance.
- She stays in centre while others join hands and do eight slip steps to left and then right. She sets to man normally on her right, turns him, then sets to man opposite and turns him.

  Reel of three ('figure of eight') across the dance.
- First lady returns to her place and is replaced by other women one by one, then the men.
- Repeat initial part of dance: circle, cartwheel, set and turn, grand chain.