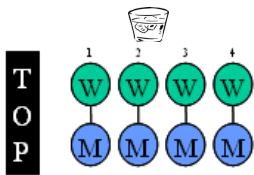


Linton Ploughman



- First and second couple dance circle round to the left and back.
- First and second couple dance four hands across and back (right hand star and left hand star).
- First couple lead down the middle and up again.
- First and second couple poussette.
- Dancing couple repeats from second and then from third position.