Orcadian Strip the Willow





- Couples line up facing each other in long sets.
- First couple, and every fifth couple down the dance, begin dancing.
- Couples turn one and a half times by the right hand, then woman turns next man with left hand while man turns next woman with left hand, then dancing couple turn each other. Then woman turns each man while man turns each woman, right to the bottom of the set, remembering to turn partner with right hand every time. Each couple turns twice at the bottom of the dance.
- The couple at the top of the dance then begins dancing soon after first couple started.
- All couples move slowly up the dance as other couples dance down, until they reach the top and start dancing.